



# **Major Definite Purpose**

## **Self-Confidence Formula**

This is the formula Dr. Napoleon Hill highly recommends in the book, *Think and Grow Rich*. You sign my name to the formula, commit it to memory, and repeat it aloud once a day (more does not hurt), with full FAITH that it will gradually influence your THOUGHTS and ACTIONS so that you will become a self-reliant, and successful person.

## Major Definite Purpose

By the first day of (\_\_\_\_\_) 201\_\_\_\_, I will have in my possession \_\_\_\_\_ which will come to me in various amounts from time to time during the interim.

In exchange for this \_\_\_\_\_ I will give the most efficient service of which I am capable, rendering the fullest possible quantity and best possible quality of service in the capacity of (\_\_\_\_\_).

I believe that I will have this \_\_\_\_\_ in my possession. My faith is so strong that I can now see this \_\_\_\_\_ before my eyes. I can touch it with my hands. It is now awaiting transfer to me at the time and in the proportion that I deliver the service I intend to render for it. I am awaiting a plan by which to accumulate this \_\_\_\_\_, and I will follow that plan, when it is received.

## Self-Confidence Formula

**First.** I know that I have the ability to achieve the object of my Definite Purpose in life, therefore, I DEMAND of myself persistent, continuous action toward its attainment, and I here and now promise to render such action.

**Second.** I realize the dominating thoughts of my mind will eventually reproduce themselves in outward, physical action, and gradually transform themselves into physical reality, therefore, I will concentrate my thoughts for thirty minutes daily, upon the task of thinking of the person I intend to become, thereby creating in my mind a clear mental picture of that person.

**Third.** I know through the principle of auto-suggestion, any desire that I persistently hold in my mind will eventually seek expression through some practical means of attaining the object back of it, therefore, I will devote ten minutes daily to demanding of myself the development of SELF-CONFIDENCE.

**Fourth.** I have clearly written down a description of my DEFINITE CHIEF AIM in life, and I will never stop trying, until I shall have developed sufficient self-confidence for its attainment.

**Fifth.** I fully realize that no wealth or position can long endure, unless built upon truth and justice, therefore, I will engage in no transaction which does not benefit all whom it affects. I will succeed by attracting to myself the forces I wish to use, and the cooperation of other people. I will induce others to serve me, because of my willingness to serve others. I will eliminate hatred, envy, jealousy, selfishness, and cynicism, by developing love for all humanity, because I know that a negative attitude toward others can never bring me success. I will cause others to believe in me, because I will believe in them, and in myself.

I will sign my name to this formula, commit it to memory, and repeat it aloud once a day, with full FAITH that it will gradually influence my THOUGHTS and ACTIONS so that I will become a self-reliant, and successful person.

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